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ANA Synchers Win 18 Gold Medals at NESSA Age Group Meet

Eighteen gold, 8 silver, 5 bronze -- an incredible 31 medals in total were awarded to the ANA Synchers at the New England Synchronized Swimming Association Age Group meet held in Ipswich, May 3-4. This meet was critical as it was the first step on the road to nationals – only teams which placed in the top three spots at this qualifying meet advanced to the next round of competition – the Regional Age Group Championships to be held at the Andover/N. Andover YMCA, May 16-18. Even with this intense pressure, ANA clearly had no problem outperforming the competition, as they took the gold in virtually every event they competed in. When the waters had calmed in Ipswich and the medals had been passed out, ANA Synchers coaches reported that *every* member of their Age Group team was eligible to compete at the regional championships. The top four routines from the regional championships in Andover will advance on to national competition.

Complete results:

Team routines: ANA was awarded Gold medals in the top three age group categories (18-19, 16-17, and 13-15). Their youngest age group team made up of 11-12 yr old swimmers took home the silver. The 18-19 ANA team: Melissa and Allison Andrews*, of Chepachet, RI, Maggie Conlon and Meaghan Arsenault of Methuen, Claire Rudder of Sudbury, and Jessica Mancini, Kelly Mahoney*, and Erica Potts of Andover. The 16-17 team: Amber Blum, Rebecca Ely, Laina Gray, Caitlyn McGregor and Alison Ziel of N. Andover, and Sheila Cremin, Candace Ju and Emily Stone of Andover. The 13-15 team: Marian Crockett and Christine Wu of Andover, Alyson Arsenault of Methuen, and Alice Rodgers and Sarah Higgins of N. Andover. The 11-12 team: Tatiana Bouchard, Gillian Brassil, Nicole Carzo, Sachiko Hagiya and Gloria MacNamara of Andover, Kim Beaton of Salem, NH, and Kim Cushing and Kate Quinn of N. Andover. **Trios:** 18-19 AG - Allison Andrews, Kelly Mahoney and Erica Potts (Gold); 16-17 AG - Amber Blum, Emily Potts and Sheila Cremin (Gold); 13-15 AG - Caitlyn MacGregor, Laina Gray, and Candance Ju (Gold), Marian Crockett, Christine Wu and Alyson Arsenault (Silver); 11-12 AG - Kimmie Beaton, Kim Cushing and Kate Quinn (Bronze); 10&UAG - Nicole Carzo, Sachiko Hagiya, Tatiana Bouchard (Gold) **Duets:** 18-19 AG -Maggie Conlon and Melissa Andrews (Gold); Kelly Mahoney and Claire Rudder (Silver); 16-17AG - Meaghan Arsenault and Jessica Mancini (Gold); Emily Stone and Becca Ely (Silver); 13-15 AG - Caitlyn MacGregor and Alison Ziel (Gold), Sarah Higgins and Alice Rogers (Bronze); 11-12 AG - Gloria McNamara and Gillian Brassil (Gold) **Solos:** 16-17 AG - Melissa Andrews (Gold), Jessica Mancini (Silver); 13-15 AG - Alison Ziel (Gold); 11-12 AG - Gillian Brassil (Silver). **Figures:** ANA was also awarded 5 gold, 3 silver and 3 bronze medals for their outstanding figures performances. *ANA Synchers senior swimmer.

For more information please contact head coach Eugenia Gillan at eugeniagillan@yahoo.com or visit ANA Synchers online at www.anasynchers.org.