

For Immediate Release: October 27, 2008

Contact: Svetlana Malinovskaya at 978-685-3541 or [smalinovskaya@mvymca.org](mailto:smalinovskaya@mvymca.org)

## **ANA Synchers to train with Olympic Gold Medalist**

The ANA Synchers, the synchronized swim team of the Andover/North Andover YMCA has certainly made a name for themselves in this region, virtually dominating the sport by taking top medals year after year. What some may not know is that the ANA Synchers have also captured the attention of those on the national level.

Duke Zielinski, coach for the 2008 U.S Olympic Synchronized Swim Team, and Karen Josephson, winner of two Olympic Medals in synchronized swimming (Gold '92/Silver '88) have been so impressed with the ANA Synchers performance at the national level that they will be conducting a private training clinic for the team to be held November 14-16. Zielinski, long a friend of the ANA Synchers, and coach Eugenia Gillan, had this to say about the team, *"Advanced techniques are nothing more than basic techniques performed to perfection and ANA epitomizes that."*

Zielinski is also president of United States Synchronized Swimming and as performance coach, has trained Olympic athletes from all over the world, most recently working with the USA National team at the Olympics in Beijing. His coaching, combined with the Olympic experiences of Karen Josephson are sure to make for an exceptional training clinic for these young athletes.

For those swimmers who may not be quite ready for the Olympics (born 2000 or later) but are interested in synchronized swimming, the ANA Synchers does still have some openings in the Novice Program. For more please contact coach Svetlana Malinovskaya at 978-685-3541 Ext 30, [smalinovskaya@mvymca.org](mailto:smalinovskaya@mvymca.org) or visit ANA Synchers online at [www.anasynchers.org](http://www.anasynchers.org).