

ANA Synchers Weekly News
January 16, 2008

From the Coaches

The coaches would like to congratulate the swimmers who attended the recent Bronze, Silver, and Novice Clinics: Nicole Carzo, Tatiana Bouchard, Sachiko Hagiya, Juliet Adams, Rebecca Hope, Yelena Ravvina, Carina Klyachman, Katherine Gorrie, Gillian Brassil, Gloria McNamara, Kim Beaton, Kate Quinn, Kim Cushing, Marian Crockett, Alyson Arsenault, Christine Wu, Laina Gray, Alice Rodgers, Sarah Higgins, Candace Ju, Amber Blum, Grace Alwan, Nikita Chogle, Anna Lang, Reverie Nedde, Epke Paquette, Francesca Sajedi, Sophia Ju, and Lindi Schroeder. The girls worked very hard and represented the team with honor. Go ANA!!

Let us wish our Senior and Junior Teams success at the first meet in 2008. The New England Synchronized Swimming Association (NESSA) runs their Senior/Junior Championship and Age Group Invitational in Worcester this coming Saturday, January 19th. The coaches are very excited and are looking forward to this celebration of our team work. Good luck to all swimmers attending this meet and have fun!! Stay tuned for the final meet schedule. Snow date is Sunday, January 20th.

Intermediate Swimmers -

Attention Parents: the Coaches ask that all intermediate swimmers bring a blank CD to practice so that the coaches can copy the routine music for each swimmer so that they can land-drill at home.

Important NOTICES

There IS PRACTICE this weekend!

Found: A blue wrap/scarf was found at the Snowflake Party. If it belongs to you, please contact Coach Emily at ekokernak@gmail.com

Mark your calendars for the end of year Synchro Banquet. The date has been changed to Friday evening, June 13th. This year's Banquet is being held at Salvatore's in Lawrence. If you would like to help with the planning, please contact either Pat Cooney or Anne Ju.

Reminder to Swimmers: Please do not wear your new blue team suits or team bathing caps to practices. Save them for the Meets! Thank you.

HELP WANTED

The Synchro PAG Exec Board is looking for 2 parents to coordinate a Team Pasta Supper on Friday, March 28th - no synchro (or cooking) experience required!!! Please email Marie Potts mpotts719@verizon.net if interested.

ANA Synchers is hosting the Regional Age Group Championships at the ANA YMCA on May 16-18th. Elise Brassil is coordinating the Meet, but needs lots of help and volunteers. One of the things we do as the host is put together goodie bags for both swimmers (around 250 expected) and coaches/officials (about 50). We would gladly accept corporate donations of items, so if you are an employee of a company that would be willing to donate something, please let Elise know - elisebrassil@comcast.net .

The Annual ANA Synchronized Swimming Show is April 25-27th. Marie Potts is coordinating. If you would be willing to help in some capacity, please let Marie know - mpotts719@verizon.net .

FUNDRAISING

Thank you to all of the families and friends who attended the fundraiser at Fudruckers in North Andover on December 19th! We raised \$212.98 for the team!

Find it On the Web -

Several email addresses have changed. Please make sure to look at the most recent updated roster on the website before travelling to meets. There should also be an updated calendar of events for the year. It has parent cell phone numbers also! www.ANASynchers.org

From our Photographers:

Pictures from the Snowflake Party can be found at: <http://web.mac.com/scanegi>