

ANA Synchers Weekly News

September 8, 2008

DISH FUNDRAISER – SEPTEMBER 10TH:

Reminder that the team's first fundraiser is September 10th - Take a night off from cooking while still feeding your family a home-cooked meal! Winner of the Best of Northshore Award, DiSH is a high quality alternative to take out that allows you to eat nutritious, delicious food without all the hassle of planning, shopping, meal prep, and clean up. All orders placed with dinnerbydish (DiSH) and anything purchased that day will count and the team will get 10% of their sales for the day.

Attached is the flyer with the details, as well as the September menu. You can order online through www.dinnerbydish.com by the end of today, Sept. 8th for pickup on the 10th, or just stop in on Wednesday and purchase something.

Thanks for helping our team get off to a great financial start this fall!

REMINDER ABOUT PRE-SEASON WORKOUT CLINICS:

We would like to offer pre-season workouts for the intermediate and age-group swimmers to get back in shape!! This is great opportunity to head start new season, learn new figures, possibly routines and refresh your skills. The clinics will be held in Andover YMCA on the following dates:

Tue Sep 9th 6.30-8.30 pool only

Thu Sep 11th 5.30-6.30 land 6.30-8.30 pool

Thu Sep 18th 5.30-6.30 land 6.30-8.30 pool

Tue Sep 23rd 6.30-8.30 pool only

Thu Sep 25th 6.30-8.30 pool only

The cost of Tue clinics is \$20 and Thu \$25

Space is still available – register at the Y front desk.

ADDITIONAL SYNCHRO EVALUATION FOR NEW SWIMMERS – SEPTEMBER 16 - FLYER ATTACHED

Now is the perfect time to tell your friends about synchronized swimming! We'll be holding another swimmer evaluation on Tuesday, September 16th from 6:30-7:30 pm.

Please help the team recruit new members by posting the attached flyer and sharing with friends ASAP. All of the info is attached in the flyer, but please help spread the word! Schools, libraries, places of worship, or other child-friendly places would all be great locations to post the flyer.

Thank you for your help!

FROM THE TEAM CAPTAINS:

This year as one of our first team events we would like to participate in the Hike for Hope. It is a 5 mile walk (girls who have Sunday practice will only do a 1 mile walk) to benefit Lazarus House, a local homeless shelter in Lawrence. We have done this in the past and it is always a really fun time. This year the walk is at 1:00 on Sunday, October 5 at Merrimack College in North Andover. To sign up, go to hikeforhope.org and make sure to register as a team member of the ANA Synchers team. (family members are welcome to register as well!) You can also register on the day of the walk but it costs \$20 instead of \$15 and you might not get a T-shirt. Each team is supposed to have a team fundraising goal and ours is \$2,000 so make sure you get all of your family and friends to donate. You can either make pledges directly online using a credit card or you can print out a pledge sheet from the website.

Since Merrimack College is very close to the Y, on the day of the hike we will all meet there at noon and then walk over to the campus together. Make sure to wear your pink and blue! We would like to have 100% participation because it is a good cause and is also a great team bonding experience.

Your Captains,

Sheila Cremin, Emily Stone, Erica Potts

UNIFORM SWAP:

Have you outgrown your synchro uniform? (jackets, pants, shorts) Would you like to be able to sell the items that are too small to another swimmer? If so, please email Marie Potts (mpotts719@verizon.net).

Once we have a list together, we will notify the team of the available items and sizes for purchase.

EXPERTISE WANTED FOR THE TEAM

We have some volunteers already to support our team website, but we are looking for additional help with [web design/updates](#), as well as a [videographer](#). If you have experience or would be willing to help out with either of these efforts, please contact Maria Crockett, Maria.Crockett@mediatek.com

ANDOVER TOWN-WIDE YARD SALE – SATURDAY, SEPTEMBER 27th

Team Event and Fundraiser. This is a great way to get rid of stuff you no longer need and support the ANA Synchroners. Please start to put things aside and stay tuned for more details next week. We have already reserved a spot for the team and need your support!

REMINDER – RETURN REGISTRATION FORMS:

The coaches and parent board kindly request that all registration forms be returned to the Andover Y by September 25th, prior to practices beginning on September 29th. Forms were sent electronically on September 2nd, are available on the website (see below) and hard copy forms are also available at the front desk.

FIND IT ON THE WEB –

Anything you feel you've missed recently regarding Synchro news? Check the website first www.ANASynchroners.org