

**ANA Synchers Weekly News**  
**March 20, 2008**

**REQUEST FOR DONATIONS**

Parents - do you have any contacts whom you believe would donate items for the goodie bags to be given to the 250 swimmers attending our regional meet in May? Items given in the past have included: breakfast or granola bars, lip gloss, candies, chapstick, and other trinkets. If you know of something that may be donated, please contact Elise Brassil, [elisebrasil@comcast.net](mailto:elisebrasil@comcast.net)

**INTERMEDIATE SWIMMERS**

Intermediate parents, please provide the following reimbursement for the materials for sequins, blue, makeup, gems, etc. Checks (payable to Emily Kokernak) or Cash (in an envelope with your name on it for tracking purposes) can be given to Coach Emily or Svetlana. Emily will then reimburse Judi Ely, who also paid for materials.

- 11-12, 13-15 (Saturday Night Routine): \$6.00 per swimmer
- 10U (Lion King Routine): \$4.00 per swimmer

**TEAM SOCIAL - PASTA DINNER AND GAMES**

Friday, March 28<sup>th</sup> from 6:30 - 8:30 pm. Please RSVP to team liasons if you have not already done so.

**ALL-PARENTS' MEETING - Tuesday, April 1<sup>st</sup>, 7:30-9:00 pm**

Please have a parent representative from each family attend this important meeting to talk about the upcoming meet and show hosted by ANA Synchers.

**MEET RESULTS**

Attached you will find the press release submitted to local papers for the Junior and Senior Zone Championships held two weeks ago. Congratulations to all who competed!

Also attached are the meet results and a message from Coach Svetlana on the recent East Zone Invitational Meet held this past weekend in Schenectady, NY. Congratulations to all, especially our newest swimmers!

**SYNCHRO SHOW INFO:**

Swimmers - if you would like to draw a picture of your favorite sport or synchro to be displayed at the YMCA during the Annual Synchro show, please submit it to Marie Potts or Erica.

The show will be held on Saturday, April 26 (3pm & 6pm) & Sunday, April 27 (3pm). Dress Rehearsal will be Friday afternoon starting at 4:30. Not all swimmers will swim in every show - a schedule will be distributed in mid-March.

Tickets for the show will be \$10 - adults; \$7 - students/seniors; and will be on sale at the Y starting Tuesday, April 8th.

**PLEASE SUPPORT THE YMCA'S REACH OUT FOR YOUTH PROGRAM -**

Many of our older swimmers and parent volunteers will participate in the April 2nd phone-a-thon to help raise funds to allow kids and families to participate in YMCA programs. If you get a call from us, please help support this wonderful program. Your contributions mean a lot and are appreciated! All will soon receive an invitation in the mail to help out - please consider helping, and put down the ANA SYNCHERS day of April 2<sup>nd</sup>.

Below is information about the Reach Out for Youth program. If you would like to volunteer to make calls please contact Maria Crockett 781 325-2022. Below are the dates, note there will be complimentary pizza, drinks and prize drawings!!

**LOCATIONS:**

MV YMCA Administrative Offices and  
The Howe Insurance Agency  
Time: 5:30 p.m. – 8:30 p.m.

**Complimentary Pizza, Drinks, and Prize Drawings**

Enter your name each night and be eligible to win!!!  
2 Red Sox tickets (Game TBA), Section 12, behind 1st base, under the roof!

To be drawn on Sunday, April 6th.



Please drop off at Front Desk of the Andover/North Andover Branch, or email [langelone@mvyymca.org](mailto:langelone@mvyymca.org) or mail to:

Merrimack Valley YMCA  
165 Haverhill Street, Andover, MA 01810  
Attn: Lisa Angelone

## **"Reach Out For Youth"**

The Merrimack Valley YMCA is proud to be able to continue its mission to help children and teenagers grow up with the positive values of caring, honesty, respect and responsibility. The YMCA is a viable community resource, providing opportunities for families to participate together in recreational and educational programs that build strong kids, strong families, and strong communities.

Each year, thousands of community youth learn to swim in our aquatics programs; play and compete in our basketball and volleyball leagues, gymnastics and swim teams; participate in our physical classes; and learn new skills in our special interest classes. The YMCA's preschool and before and after school child care programs have made us the largest child care provider in the area. And, our many community services, from drug awareness programs and family counseling to tutoring assistance and YMCA Teen Nights, are all designed to give our youth a safe place they can turn to in a challenging social environment.

Our annual Reach Out For Youth Campaign ensures that no one is denied the opportunity to share in the YMCA experience due to an inability to pay. The YMCA is the largest human care agency in the Merrimack Valley, serving some 33,000 people each year. Our focus on the family and youth is demonstrated by affordable programs and services that respond directly to the needs of the community we serve.

We provide over \$580,000 annually in YMCA financial assistance and youth scholarships to subsidize community youth and family programs. Nearly 5,000 children participate in the Lawrence Branch YMCA's youth programs with over 200 children participate in the after school program each day.

The expanded Andover-North Andover Branch YMCA serves some 22,000 community residents and their Child Care Program has grown to more than 800 children per day.

Our Camping Services Branch provides 1,500 youngsters from around the world with challenging outdoor educational and recreational activities. Many of those who participate in our programs do so at little or no cost. The YMCA is committed to providing quality programs and services to all regardless of ability to pay. Once again, we're asking for your help and financial support to continue our mission of shaping young lives for positive growth.

Help us build strong kids, strong families, and strong communities by investing in our Annual REACH OUT FOR YOUTH Campaign.

Impact a child's life, your tax-deductible donation makes a difference...

- **\$100** or quarterly payments of \$25 provides an "at-risk" teen with a Y membership for a full-year or enable a child to participate in one week of Vacation Camp
- **\$250** will send a child to Camp Otter for two weeks or provide six (6) children with swim lessons
- **\$500** will provide a month's worth of quality after-school care to 4 (4) children
- **\$1,000** will help underwrite the costs of Friday or Saturday night teen events or one deserving youth to attend a two-week session at either Camp Nokomis or Camp Lawrence
- **\$5,000** will help a local family pay for a year's worth of child care expenses

**How To Donate:**

To help us build strong kids, strong families, and strong communities by investing in our annual Reach Out for Youth campaign, please mail your donation to:

Merrimack Valley YMCA  
Development Office  
7 Ballard Way  
Merrimack Valley YMCA  
Lawrence, MA 01843  
978-725-6681