

ANA Synchers Weekly News
February 21, 2008

MEET INFORMATION

The 2008 East Zone Invitational Preliminary Meet Information for all Intermediate and 11-12AG and 13-15AG Swimmers for March 15-16, 2008 in Troy/Schenectady, NY is available at <http://eastzone.westfieldnyj.org>
Stay tuned for specific arrival time instructions from Coach Svetlana.

PRESS COVERAGE

A reporter from the Eagle-Tribune spent an evening at practice two weeks ago with the older girls. A wonderful story, highlighting the ANA Synchers ran in the Andover Townsman on Thursday, February 14th. The story also was run in the North Andover Citizen and the story will also be running in this week's Town Crossings (the 2/21 issue), which goes to every house in Boxford and North Andover. Extra copies are available at the Eagle-Tribune office on 114 in North Andover or at the Andover Townsman, 33 Chestnut Street.

I've also attached a copy of the article for anyone interested, html format.

IMPORTANT NOTICES FOR INTERMEDIATE SWIMMERS

Sunday, Feb. 24 @ 2PM at the ANA Y- Intermediate synchro suit decoration. Please plan on attending this session in order to decorate your child's suit for the upcoming meet.

Saturday, March 8 11:30AM - 2PM at the Lawrence Y - Extra synchro practice.

Parents' Gelling/Knoxng Clinic for all new Intermediate Families and Those needing a refresher: Sunday, March 9 1 PM- 2 PM at the ANA Y - Knoxng clinic for Mom's. We will put klox in the hair of our swimmers and they will swim their practice in the "klox" hair to become familiar with the feel of it on their head before the first meet. It is important for Mom's to learn how to "klox" the hair. For this session, you will need to bring:

1. Your swimmer
2. An assorted list of kloxng items, which can be found at the team's website at: <http://www.anasynchers.org/kloxng.html>

It is very important to attend all of the dates listed. However, if you cannot be present, please notify your coaches or parent liaisons Debbie Bohrer or Wendy Zimmerman

HELPFUL INFO/NOTE:

Old Navy currently has in stock the pink flip flops needed for meets. They are priced at 2 pairs for \$5.00. Get them while they last - especially for new swimmers!

ATTENTION 11-12 and 13-15 AG SWIMMERS AND PARENTS

With over 25 Intermediate swimmers, mostly new to Synchro, we need many volunteers to help teach 'knoxing' to the Intermediates. If you would be willing to help on Sunday, March 9th from 1-2 pm, please email Jennifer Bouchard, jkbouchard@gmail.com, or Maria Crockett, Maria.Crockett@mediatek.com

TEAM SOCIAL - PASTA DINNER AND GAMES

Friday, March 28th from 6:30 - 8:30 pm. Stay tuned for more details.

ANNUAL SYNCHRO SHOW

Our Annual Synchro Show is fast approaching - it will be held April 25-27 (the last weekend of April vacation)!! We need the support of all families to make this successful. Please let Marie Potts (mpotts719@verizon.net) know if your family will be away. More details will be coming soon...

FIND IT ON THE WEB -

Anything you feel you've missed recently regarding Synchro news? Check the website first www.ANASynchers.org